Meet the new GP Liaisons at CM Health

Name: Dr Beven Telfer
GP practice: BUPA General Practice, Mangere

GP Liaison Role at CM Health
Days and Hours: 1100-1700 Monday to Thursday
Localities: Franklin, Mangere
Areas of liaison work: Orthopaedic, Adult Rehab and Health of Older People, Advanced Care Planning, Project work

Email: beven.telfer@middlemore.co.nz
Mobile phone: 021835812

Dr Beven Telfer

Graduated from Otago 1987 with clinical years in Wellington. Entered General Practice 1991 completing the GP post grad programme in 1994. Most of my General practice life was in Lower Hutt at a large multidisciplinary medical centre providing 7 day a week care and most of our after hours cover. My proudest GP achievements during this time were

1. Involvement in a charitable Marae clinic.
2. Setting up a new satellite practice in an under doctored area.
3. Developing a private GP registrar scheme in partnership with the DHB to try and preserve GP work force in the area.
4. Being involved in a dedicated committed GP team.

Having seen the light after moving to work in Australia for 4.5 years I have returned to NZ but not to Wellington [I saw the light twice] and have been practicing in Mangere Bridge prior to joining the GP Liaison service.

I have a strong belief in patient involvement in and taking responsibility for their healthcare and associated outcomes.
Born and schooled in Auckland, I have returned to work here for the first time since leaving to attend Otago University, graduating in 1985. After travelling and working overseas I returned to General Practice in Northland, where I became increasingly involved in Community Psychiatry, eventually being employed full time by Northland DHB as Medical Officer Psychiatrist for ten years. I chose to return to General Practice and completed my Fellowship earlier this year. I have become enthused about Youth Health and have completed my Post Graduate Diploma in Health Sciences (Youth Health) this year which compliments my current position of GP Liaison Youth Health and Youth Mental Health with Counties Manukau DHB.

I am married to Debbie and have two daughters, Maggie who is 16 and finishing her first lot of NCEA exams and Annie who is 14 and coming to the end of her Year 9 at Kerikeri High School. Until there is consensus to leave Kerikeri I will be doing quite a bit of commuting but we are used to driving distances in Northland.

I am enjoying the challenges of promoting Youth Health initiatives in South Auckland. It is encouraging however to see the new focus on Youth Health issues within the professional and public arena. Improving youth depression and suicide rates, reducing substance use and abuse, and reducing unplanned teen pregnancies and perinatal morbidity and mortality will all require promotion of healthy life choices and improving access for youth to high quality, confidential and private primary health care.
Name: Dr Helen Liley
GP practice: Crawford Medical Centre, Howick

GP Liaison Role at CM Health
Days and Hours: 24 hours spread over Monday to Friday
Localities: Eastern, Manukau
Areas of liaison work: Medicine, ED, Ethics, Health Information, GP Feedback
Email: helen.liley@middlemore.co.nz
Mobile phone: 021 942 851

Dr Helen Liley

I qualified from Leeds University Medical School in the UK and came to NZ in 2008 after working as a General Practitioner and GPwSI in Drug Misuse in the UK for 10 years.

I am a GP in Howick where I offer general medical services and look after the more independent patients in a local retirement village. Until taking up the GP Liaison post I was also Clinical Lead for Auckland Opioid Treatment Service (AOTS), which is part of the Community Alcohol and Drug Service (CADS). I have an interest in internal medicine and will be focussing on GP liaison input into various medical projects.

I am married to Andy (Liley) who is a paediatric anaesthetist at the Starship Hospital and I have 4 children: Pippa (19) is about to commence a degree in Social Work at Auckland University, Jon, Peter and Charlotte who are in years 13, 11 and 9 respectively at Macleans College.
Dr Jennifer Njenga

I am the GP Liaison for Maternal and Child Health in Counties Manukau District Health Board. I work as a GP in Otara Family and Christian Health Centre and as the Clinical Lead for Child Health with Greater Auckland Integrated Health Centre, (GAIHN).

I completed my Bachelor’s degree in Medicine in South Africa in 2001 and worked as a first year House Officer in Namibia in 2002. I moved to New Zealand in 2003. I have 5-6 years’ experience working in Paediatrics in various hospitals in the North Island including Whakatane, Whanganui and Waitakere. In 2011, I completed my Master of Public Health, (MPH), with the University of Auckland. I am currently pursuing the Doctor of Public Health, (Dr.PH), with Flinders University in Adelaide, Australia.

I have significant experience working with Maori and Pacific people. As a young female GP, my patient base is mainly young women, youth and children.

I am married to Michael, who is also a medical doctor and we have 2 kids, 5 & 6 years old.