

Clinical Mental Health
Proactive Release 31 October 2018

10 October 2018

[REDACTED]
Via email

E-mail: [REDACTED]

Dear [REDACTED]

Official Information Act (1982) Request

I write in response to your Official Information Act request, which we received on partial transfer from the Ministry of Health under section 14 of the Act on 24 September 2018.

You requested the following information on ECT Treatment Outcomes, and the Ministry of Health advised that they did not hold the information sought.

Three parts of your request were transferred by the Ministry of Health to all DHBs for a response:

- ***How many people were left brain damaged by ECT in the last 10 years in NZ?***
- ***How many people have been followed up on after receiving ECT in NZ, to see if they have improved or become worse?***
- ***How much does each ECT treatment cost in NZ?***

For Counties Manukau District Health Board, Mental Health services we respond to each question regarding Electro-convulsive Therapy (ECT) below:

- **How many people were left brain damaged by ECT in the last 10 years in NZ?**

There are no reports of brain damage caused by ECT at Counties Manukau Health in the last 10 years.

- **How many people have been followed up on after receiving ECT in NZ, to see if they have improved or become worse?**

The ECT specialist nurse reviews every service user between ECT treatments. This involves monitoring progress, and any non-response to treatment. The treating team will also follow-up the service user during a course of ECT.

- **How much does each ECT treatment cost in NZ?**

At Counties Manukau Health, in first six months of the 2018 calendar year, the Theatre Use costs for one ECT treatment were costed at \$803 on average.

I trust this information satisfactorily answers your query. If you are not satisfied with this response you are entitled to seek a review of the response by the Ombudsman under section 28(3) of the Official Information Act.

Please note that this response or an edited version of this may be published on the Counties Manukau DHB website.

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'M Apa', is enclosed in a light blue rectangular box.

Margie Apa
Chief Executive