

Reference Guide

Community Mental Health and Addiction Services

A number of Counties Manukau Health Mental Health and Addictions community teams have been gifted new names by *Tainui manawhenua*. Below are the new names and their meaning.

	Name	Address	Meaning/Korero
North	Taunaki Child & Adolescent MH Services North	492 Great South Rd Otahuhu Matariki site (09) 270 9090	To cultivate and reinforce.
	Te Rawhiti Adult MH Services – East	15 Aberfeldy Ave Highland Park (09) 538 0700	The sun shines in the east.
	Matariki Adult MH Services – Otara-Mangere	492 Great South Rd Otahuhu Matariki site (09) 270 9090	The tiny eyes of God. This constellation is an important navigation beacon for Pacific people. This service will guide <i>whaiora</i> and <i>whaanau</i> towards wellness.
District-wide	Faletoa Pacific Clinical Cultural Liaison Services	492 Great South Rd Otahuhu Matariki site (09) 270 9090	E le ole fale ae o le anoā fale. Fale means house and toa means courage; where people come together to serve, be empowered and to grow.
	Rapua Whaioranga Maaori Clinical Cultural Liaison Services	5-19 Great South Rd Papakura Awhinatia site (09) 295 1200	Seeking health. <i>Rapua whaioranga</i> links this team to <i>Rapua te Ao Waiora</i> .
South	Te Puawaitanga Child & Adolescent MH Services South	7 Springs Rd East Tamaki (09) 265 4000	Kia puawai te kaakano – the seed has blossomed.
	Rapua te Ao Waiora Adult MH Services Papakura-Manurewa	5-19 Great South Rd Papakura Awhinatia site (09) 295 1200	A world that is searching for <i>waiora</i> . <i>Waiora</i> is holistic wellbeing, which includes the health of people and the environment.
	Manukau Adult MH Services Manukau	Building 6 17 Lambie Dr Manukau (09) 261 3700	Ancestral name of the area and representing the flourishing of the birds that guided <i>te waka o Tainui</i> .
	Nga Raukohekohe Adult MH Services – Franklin	Awhinatia site in Papakura. It will move to Pukekohe Hospital. (09) 295 1200	The leaves that have been gathered together. The ancestral name for the Franklin area.

During business hours



After-hours contact numbers

0800 775 222 to speak with a mental health nurse.

0800 234 432 Peer TALK will connect you with a trained peer support worker (someone with lived experience of mental health and/or addictions).

0800 376 633 Youthline if you are under 18 years-of-age.

“Text to Talk” free phone or text **1737** for other mental health and addictions phone line support options.